

CERTIFICATE

OF PARTICIPATION

This is to certify that

Virginia Ndou

Has successfully participated & completed the

21km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 02:41:32

PACE 07:40/km

GENDER 109 of

323

OVERALL 425 of 766

SENIOR (20- 63 of 175

39)

26 October 2019, Sat

, Sat Bowl

Signature